

# Misha Safran

Keynote Speaker  
Consultant  
Author  
Advocate for Empathic Leadership

## Helping People Do Peopling Better with Presence, Play, and Purpose.

Misha Safran is not just a speaker—she’s a spark for transformation.

As the founder of the Center for Empathy and Emotional Intelligence (CEEQ), Misha brings over two decades of experience helping organizations lead with heart, clarity, and purpose. A dynamic keynote speaker and award-winning trainer, Misha earned the prestigious CEO Award from the National Institutes of Health (NIH) for DEIA work—and she’s just getting started.

Misha partners with **VISIONARIES** who are ready to create workplaces (including schools, hospitals and law offices), where **EMPATHY** isn’t just a buzzword—it’s a daily practice. Through her signature **CAPE®** approach, she equips teams to lead with Compassionate Communication, Assuming Positive Intent, Principles of Inclusion and Belonging, and Empathy before Accusation—building cultures of inclusion, connection, and **JOY**.

Her audiences walk away **RE-ENERGIZED**, equipped, and ready to:

- Transform conflict into connection
- Cultivate emotional intelligence at every level
- Foster joy, retention, and belonging in even the most challenged environments

Whether she’s speaking to educators, executives, or equity-driven teams, Misha’s message is clear: **When we lead with empathy, we don’t just change outcomes—we change lives.**



### CLIENT PARTNERSHIPS



### CONNECT WITH MISHA:

Misha Safran

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<https://www.ceeq.org/misha-as-speaker>



Center for Empathy &  
Emotional Intelligence, LLC

Transforming conflict into connection

“Misha's presentation at the UH Women's Leadership Symposium was a powerful experience. Her infectious energy immediately captivated the audience, delivering relevant, insightful, and exciting content. Misha's ability to connect, answer questions thoughtfully, and hold everyone's attention was remarkable. The emotional journey they took us on left us feeling inspired and empowered, as confirmed by the overwhelmingly positive feedback.”

**Jamie Garber | Organizational Development Professional | University Hospitals**

“I found Misha's trainings to be incredibly beneficial both personally and professionally. Her expertise and advice for coping with times of stress or disappointment helps to reset the mindset and provide renewed energy and problem-solving skills. Although everyone could benefit from her exercises and insights, those in high-stress professions will learn skills critical to their performance and internal well-being. Not only are her trainings transformative, they are also filled with joy. The time our team spent with Misha allowed a respite from the difficulties and frustrations imposed by the current pandemic so that we were able to come back with renewed vigor and sense of purpose.”

**DeAnne | Non-Profit Organization | Pennsylvania**

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*Empowering Teams to Lead With Empathy, Speak With Purpose, and Cultivate Joy*

## You Can Enjoy the Following Results When You Hire Misha:

- ♥ Greater trust and emotional safety across your team
- ♥ More effective and courageous conversations
- ♥ Higher morale and deeper connection
- ♥ Inclusive practices that build true belonging
- ♥ Increased staff retention and satisfaction
- ♥ Stronger emotional intelligence at every level
- ♥ A shared language for leading with empathy and impact
- ♥ Moments of laughter, insight, and real connection

### The CEEQ Foundational Pillars:



#### EMPATHY & EQ

Develop Empathy & Emotional Intelligence for Yourself and Others.



#### JOY

Create and Maintain Joy Amidst Adversity.



#### PLAY

Integrate Play into your Daily Life.

## MOST REQUESTED SPEAKING TOPICS

### Centering Empathy in Your Leadership and Beyond

Get ready for an empathy breakthrough. Being able to understand the people you work with is an essential skill in supporting cohesive and productive communities which builds belonging and inclusion.

### Cultivating Joy Amidst Adversity in the Workplace

Improve staff morale and retention, increase productivity, and nurture workplace relationships by letting joy be your workplace BEACON®.

### Transform Your Conflicts into Connection

Many are stuck in the conflict and see no way out. This talk supports audience member to identify key factors that engage healthy conflict and transform communities to prioritize connection and collaboration.

### Leading the Way to Culture Change

Transforming workplace culture can feel unattainable and lonely. Learn tangible skills that will take you and your organization towards healthy change.

## Investment:

Whether speaking to corporate teams, educators, nonprofits, or leaders on the rise, Misha creates space for people to feel heard, respected, and inspired to lead with more courage, care, and authenticity.

**Speaking and training packages** are thoughtfully designed to meet the unique needs of your organization and audience. Whether you're planning a keynote, full-day retreat, or interactive workshop series, each engagement is customized for meaningful, lasting impact. Investment begins at: \$3,500 depending on service

### Options include:

- Keynote addresses (in-person or virtual)
- Half-day or full-day workshops
- Leadership retreats or team intensives
- Custom-designed programming for DEIA, emotional intelligence, or communication training
- Add-ons like Q&A sessions, panel facilitation, custom card decks, or book bundles

**Not sure what you need yet?** Let's talk about your goals—Misha is happy to co-create a plan that works for your mission and budget. [Schedule a Connection Call with Misha Safran TODAY](#)