# The Importance of Job Coach Training

Maria Peak, Director

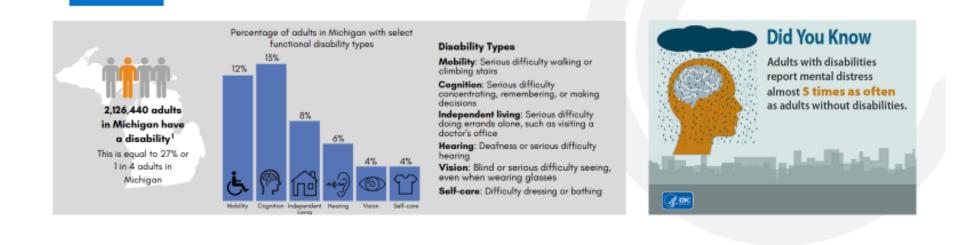
ASPPIRE of Mid Michigan

### Introductions

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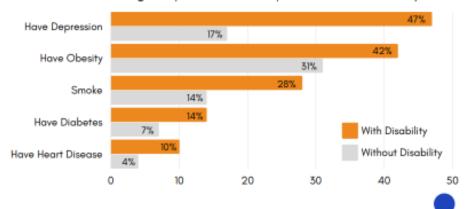
### WHY DO WE DO WHAT WE DO?



Adults with disabilities in Michigan experience health disparities and are more likely to...1

### **DID YOU KNOW?**

INFORMATION FROM CENTER FOR DISEASE CONTROL AND PREVENTION (2021 DATA)

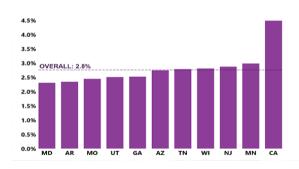


•31% of children with ASD have an intellectual disability (intelligence quotient [IQ] <70), 25% are in the borderline range (IQ 71–85), and 44% have IQ scores in the average to above average range (i.e., IQ >85).

#### **1 in 36** 8-year-old children identified with ASD in 2020

\*Based on tracking within 11 communities in the United States

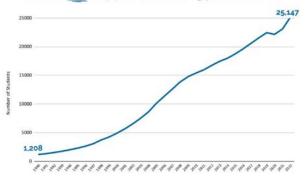
Percent of 8-year-old children identified with ASD by ADDM Network Sites

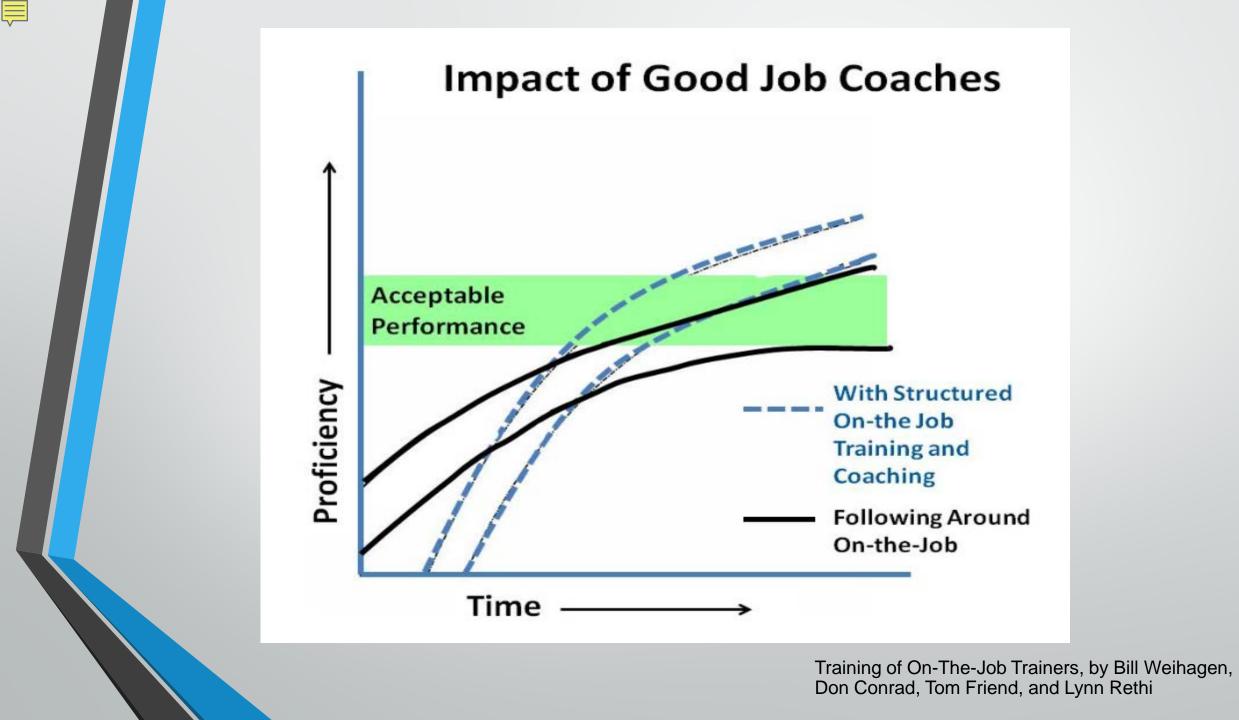


For every girl identified with ASD, boys were nearly 4 times as likely to be identified

#### In 2022-2023...

25,147 students in Michigan received special education services for ASD. This accounts for 12.0% of the population of students receiving special education services.





# Begin with the end in mind

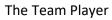
#### A job coach:

- Uses structured techniques to assist individuals with disabilities to learn and accurately carry out job duties.
- Provides on-the-job training and support
- Through support, the individual with a disability may become an independent employee that can maintain employment.



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m Player

The Problem Solver



THE BEST TEACHER

The Advocate





The Professional

The Guide



The Detective



The many hats a job coach will wear! Assessing knowledge and skills

Organizing and planning training

### Job Coach Responsibilities

- Developing relationships
- Teaching knowledge and skills
- Evaluating progress
- Suggesting changes

Job Coaching Avoidances	Getting in the way
	"Expert"
	Doing the job
	Isolation
	Over promising
	"Wholly responsible"

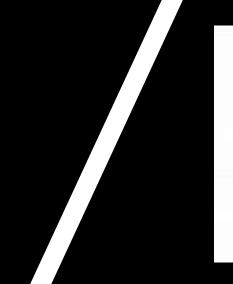
Enabling



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### Information Gathering

- Trainee:
  - Abilities and limitations
  - Emergency information/contacts
  - Self care (money, eating, toileting, etc.)
  - Communication skills
  - Social skills
  - Health concerns

- Job Site:
  - Main contact(s)
  - Layout of building
  - Tasks to be completed
  - Safety concerns
  - Unstructured areas
  - Work culture

### The Job Coach's Team



The Trainee

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- Job Developer/Employment Specialist
- Case Manager/Rehab Counselor (Education/Adult Services)
- Parent/Guardian/Support Person/Group Home
- Employer/Supervisor
- Co-Workers
- Others (Bus Drivers, Customers, OT, PT, SLP, AT, Family Members, Friends)

### **Effective Communication**

Don't make assumptions

People with disabilities may know more than we think and understand less than we think

### "Say what you mean and mean what you say...but do it in fifteen words or less."

- - Gail Hawkins

### **Clear Expectation**

Frequency/Amount - What needs to be done?

- "John you need to clean 10 tables"
- "Sarah you need to fold <u>all</u> of these boxes on this shelf"

**Intensity** - Quality of the work

• "Remember John, the whole table top must be washed. No crumbs or sticky stuff left."

• "Sarah make sure you follow your checklist and all the labels are facing you."

**Duration** - Time Frame

• "John, you need to finish 10 tables by 2:15 p.m."

• "Sarah, all your boxes need to be folded before the timer rings for break"

### **Closed-Ended Questions**

•Usually result in a yes or no answer

•Usually begin with Do..., Is..., Can..., Could..., Would..., Should..., Will..., Shall...,

•Should be avoided

•Example: "Are you ready to move to the next step?"

### **Open-Ended Questions**

- •Help evaluate trainee's understanding
- •Establish strengths and concerns of the trainee
- •Begin with How..., Why..., When..., Where..., What..., Who..., Which..., If...

•Example: "What else do you need?"

### **Sensitive Conversations**

Conversation occurs in private, make sure you check for understanding, have the conversation as soon as possible after the incident, and review consequences if behavior doesn't change.

Constructive feedback may be needed on the following sensitive topics:

O Hygiene

- Inappropriate comments Ο
- O Not meeting production
- O Tardiness/absenteeism
- Not following directions Ο
- Quality of work 0
- Personal relationships

Try to problem solve solutions!



### Assessment

## Assessment seeks to answer the questions of

- "How will you know if that task has been learned?"
- "How will you know if the learning goal has been reached?"



Consistent sequence of steps

Allows multiple trainers

Why is a Task Analysis important?

Identifies natural cues

Accurate assessment

Basis for systemic training

Support social instruction



It's not that easy 😳

### Three Areas of Employment

- Production
- Social
- Navigation

Dr. Peter Gerhardt

Executive Director of the EPIC School in Paramus, NJ





### TRAINING STRATEGIES

	Pictures
	Checklist
	Color Coding
	Picture Boards
	Schedules
Visuals	Reference Guides
	Mind the Gap

### **Social Strategies**

- Social Autopsy
- Comic Book Conversations
- Scripts
- Social stories
- Mirroring
- Role Playing
- 5 Point Scales





### **Other Strategies**

- Formulas
- Rule Tools
- Video Modeling
- Third Party Praise

### Work System

What work needs to be done?

How much work do I have to do?

When am I finished?

What is next?

### Work Systems Work! Meet Aaron

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#### Work Systems Work!

Audio by Nancy Kocsis, ASD Teacher Consultant and Integration Specialist

Produced by The Kowalski Family, August 2013





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There is a big difference



### In School:

 Counselors and teachers are paid to help prepare you for success
Decisions are around you and sometimes involve you
Everyone wants you to succeed and tries to help
If you do not work, you get disciplined, but you are encouraged to do better

### In the Workplace:

- ➤YOU are paid to do a job. You do it or you will not succeed
- Decisions revolve around the customer and company management
- ➢ Most coworkers do not care if you succeed. Some may not want you to succeed
- ➢ If you do not work, or do your job poorly, you get FIRED



### Natural Supports

Any assistance, relationships, and interactions that:

- Allow a person to secure, maintain, and advance in a community job of their choosing
- Correspond to the typical work routines and social actions of other employees
- Enhance the individual's work and nonwork social life among his/her coworkers and other members of the community.

### Anticipate -Accommodations

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Job Accommodation Network (JAN) •http://askjan.org/





# Let's think of Fading differently

Fading does not necessarily require independence on the job, or mastery of the job. Fading does require availability of sufficient supports on the job, so ongoing presence of job coach is no longer needed

"...too little coaching leads to an unprepared employee and too much job coaching can lead to disaster..."

-Gail Hawkins

Average person has 170+ people in their life

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**Those people likely** know another 10,000+ people As a job coach, you are the liaison and an ambassador to the public, influencing others' view of the student

www.sixdegreeproject.com

You





### Thank you! Feel free to contact us!

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- Check out our website <u>www.asppire.org</u>