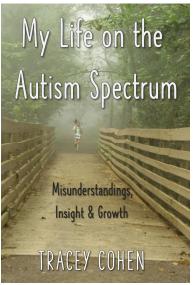
## **AUTISM UP CLOSE AND PERSONAL**

## My Life on the Autism Spectrum by Tracey Cohen



In her third book, Tracey Cohen gets more personal about her own journey living on the autism spectrum. Her goal of exposing herself so candidly is to help others know that they are not alone in their journey and to help smooth their path. She aims also to help neurotypicals more clearly understand life on the autism spectrum.

Full of pictures from Tracey's childhood and adult life, this book will help anyone gain a much greater understanding of people on the autism spectrum.

## Chapters Include:

Bewilderment and Difficult Relationships; Institutionalized as a Preteen; Education and Employment—Challenges and Achievements; My Journey to Diagnosis; My Top Six Challenges; Running—My Heart and Soul; and Best Practices for People with Autism.

\$12.95 for paperback on Amazon and Barnes & Noble online \$8.99 for e-book on kindle, iTunes, Nook and others. Tracey Cohen, author, autism advocate, educator, Returned Peace Corps Volunteer and lifelong competitive runner, was diagnosed with Asperger syndrome at the age of thirty-nine. Sharing her own struggles and discoveries, she aims to empower others to learn, accept and find peace in an ever-complicated neurotypical world.



Martin Wooledge Photography

Tracey is also the author of Six-Word Lessons on Female Asperger Syndrome and Six-Word Lessons on the Sport of Running

## GrowingUpAutistic.com/Tracey