

Personal Development Days

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Why do *you* attend conferences?

- I am here to learn something!
- I come to a conference for the free stuff!
Check out all this SWAG!
- Hey man, I'm just here for the food!
- It's a day away from the office.
- By boss told me to.

What is PDD?

- Personal Development Days (PDD) is a professional conference style event for adults with developmental disabilities.
- We strive to promote independence, advocacy, and continued knowledge in all who participate.

A Little History

- Personal Development Days started in 2011 with a conversation in a participant's Person Centered Planning Meeting
 - Wouldn't be great if someone had classes for adults with Developmental Disabilities where they could learn...
- 1st topic - Voter registration and accommodations

Who attends PDD?

- Personal Development Days is open to all adults with a developmental disabilities who are receiving services in the tri-county area
 - Peckham, Inc
 - CEI-CMH Transitions programs
 - Eaton RESA
 - Peckham Housing
 - Michigan Bureau of Services for Blind Persons

PDD Planning is an Ongoing Process


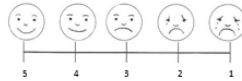
- Person Driven
- PDD Committee is comprised of dedicated individuals from different agencies that serve people with disabilities – Peckham, Inc., CEI-CMH, RICC, participants
- PDD Committee meets quarterly to plan –
 - set date, secure speakers, order food, supply gathering, compiling packets, sign-up, etc...
- Participant Review Team (PRT)
 - Participant Evaluation
 - Topic Suggestions

Evaluations & Feedback


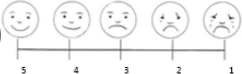
- Every person is given an evaluation
- Each face is given a point value
- We have an overall average score of 4.75/5
- 72% of participants have said they wish to return.

Personal Development Days Disability Awareness & Advocacy



1) I found the information helpful.



2) Did you learn something?



3) How would you rate the food?

4) How would you rate the Room?

5) Did you have a good time?

Would you like to attend Personal Development Days again?



Topics are person driven

- 129 total suggested topics!
 - 41 Topics
 - 88 Sub Topics
- 44 Suggested topics have been presented at PDD events.

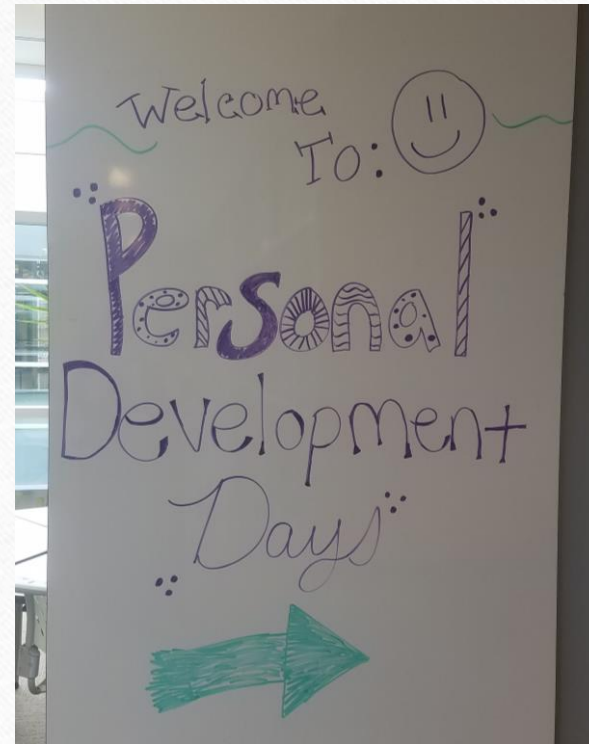
Participant Review Team

- What is the PRT?
- Why do we have a PRT?
- How selected...

Upcoming change – new grant year

Some Hard Data

- 6 Grant Years- October 2011 to current
- 23 presentations
- 1,384 Total Participants
- 201 Volunteers
- 192 Presenters
- \$27,133 Spent
 - Not over \$5000 in a year
 - Transportation most expensive



Connecting to our community

- We have had 192 presenters!
- Connections include;
 - US Access Board Member
 - Police Departments
 - Sparrow Hospital
 - NAMI
 - County Clerks Offices
 - MSU-FCU
 - Michigan Partners for Freedom
 - Capital Area Down Syndrome Association,
 - Libraries
 - Local schools
 - Spread the Word to End the Word

How can this be duplicated?

- Have your elevator speech.
- Gifts-in-kind
- You need a committed and passionate team
- It has really helped to have a cross organizational team

Testimonials

- I thought today was excellent and the speaker was awesome and all around I had a good time (Identity Theft- 2013)
- Congratulate team that planned. Outstanding job in choosing presenters. Presenters outstanding with teaching a diverse population. (ADA- 2015)
- I enjoyed today. I want to do this next year. I was to be independent in my career and take a class (Disability Awareness- 2017)

What Have We Learned?

- We have regularly rotating topics
- The most popular topics are Health, Safety, and Disability related topics
- There was no change in registration when a fee was applied to attending
- Expect competence
- The importance of SWAG and free food
- “WEEEE!”

HCBS

- *“Optimize individual initiative, autonomy, and independence in making life choices, including, but not limited to, daily activities, physical environment, and with whom they interact.”*
 - *“Intent: To promote optimal levels of self-determination and independent choice of activities, settings, and the individuals with whom the individual will interact.”*

HCBS

- *“Facilitate individual choice regarding services and supports, and who provides them.”*
 - *“Intent: To promote optimal levels of self determination, and independent choice from among a full array of service options and providers*

Evaluation Time

Questions

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